

Dist 30 Meeting Minutes (Area 75)
Nov 3, 2023

Attendees: Joel B, Heather Z, Peter R, Don W, Randy W, Dave M, Dianne H, Mark C, Marc D, Laura H, Russ G, Scott G, Scott W, Cathay G, Zach, Wes B, Brooke G, Michelle R, Teresa M, Scott J, Jim M, Jim F, Bill J, Brandon H and (6) more who didn't sign-in

Heather Z opened the meeting with the Serenity Prayer

11th tradition read by Mark

11th concept read by Jim

Laura - Secretary for the steering committee for MAICO - <http://aamadisonwi.org>

Gave a nice presentation about what MAICO is and what MAICO does. Madison Area Intergroup Central Office. She's encouraging everyone to stop by in Madison and see what MAICO does.

- 24 hr hotline
- Meeting listing
- Calendar of AA events within south-central Wisconsin
- Sells GSO conference approved literature and "drunk junk"
- Soon the MAICO website will offer literature sales!
- Clearing house for group information via your District and Group MAICO rep
- Administers a collections literature fund
- Helps out with Bridging the Gap to help inmates leaving incarceration
- Volunteer opportunities at MAICO
- MAICO is here for the AA community, so let them know what you need!
- Monthly MAICO rep meetings are held on zoom (easy to participate) 2nd Tues of month steering committee at 6pm and reps meeting at 7pm
- MAICO steering committee elections in December
- Please remember MAICO when your groups and meetings distribute funds (7th tradition)
- November is Gratitude month! Look for donation manilla envelopes at your meetings.
- If you would like MAICO to start carrying clothing again contact Lori

Treasurer's Report

Peter R

2023			
November Dist 30 Beginning Balance	\$ 1,604.97	Nov Round-up Beginning Balance	\$ 3,000.00
<u>Donations</u>		<u>Donations</u>	
October Basket	\$ 26.75		\$ -
<u>Expenses</u>		<u>Expenses</u>	
MAICO	\$ (200.00)	Salvation Army Rental Dep	\$ (100.00)
General Service Board	\$ (200.00)		
Area 75	\$ (100.00)		
Scott W - HostGator	\$ (136.54)		
8-11-23 - 3 year Web hosting			
Nov Ending Balance	\$ 995.18	Nov Ending Balance	\$ 2,900.00
Less Prudent Reserve	\$ (120.00)		
Spendable Balance	\$ 875.18		
Pending/planned expenses			
150 Budget for Nov 1 Meeting - Food & Beverage			
100 Alcahons Seed Money			
60 Semi-Annual Rent - Jan / July			

DCM Report - Heather Z holding report so we can get through district business

GSR Reports

Early Risers - Gary reporte the meeting meets every morning 7:30am every single day of the year! Spiritual discussion on the daily reflections and anything else concerning your recovery. Open meeting and everyone is welcome. Attendance has been good.

Keys to the Kingdom - Jim reported the big book meeting is well attended and is doing well.

Unity Group - Scott reported they'll be voting for to nominate a GSR, as they haven't had one for awhile. He attended the Area 75 conference and it was fantastic!

Steps to Success - Jim reported attendance is around 12 -16. Meeting going well.

Milton Tue, Thur and Fri all 7pm - Laura reported Tues is doing phenomenal with attendance over 20. Friday night game night has helped attendance and increased fellowship. Thurs is doing well.

No Name Group - Randy reported the Monday big book study group has 10-15 people and Fri discussion has 10-20 and is going good too.

Men in Recovery - David reported they're doing well. They will be distributing funds soon. Attendance 20-30 with some newcomers.

Edgerton Monday Discussion Group - no report

Edgerton Thursday Noon - Scott reported one or two dozen people show up and the group is doing well. The coffee is fantastic! They've been steady.

Blackhawk Good Fellowship - Scott reported everything is going well. Ample supplies and funds.

The Gifts Group - no report

Beginner's Group - Brandon reported they're doing well with 15-25 in attendance. 7pm Sun nights at the 12x12

New Voices - Michelle reported participation is growing with 20-30 attending. Booked up with speakers thru the end of the year. People are volunteering to speak next year too. They have newcomers making coffee and greeting to get them involved in service work.

Speakers:

Sat Nov 4th - Lenny from Rockford

Sat Nov 11th - Julie B from Janesville

Sat Nov 18th - Gina from Rockford

Sat Nov 25th - Sally from Janesville

We are who we are - Teresa reported she's the new GSR for the group. Meeting changed format to the "old school" format and lots of newcomers coming in. They're doing well.

As Bill Sees It - no report

Mid Morning Group - Jim reported attendance varies with steady regulars. Talked about starting up a new meeting in Evansville with a few others.

KISS - Diane reported the Sun morning 9:30am group is going good and they give out big books to newcomers.

TNT - John reported they're doing well with alot of newcomers showing up. Tues and Thurs 6:30 to 7:30.

WOW - no report

HOW - Jim reported he and Cathy are trying to keep the meeting going with smaller attendance. Open discussion meeting on Tues nights at 6:30pm. They could use some more support.

Committee Reports

Archives - Randy reported that anything anyone wants to donate archives about your group to the district it'll get added.

Women's Corrections - Lori (absent) reported that she is requesting more books as the ladies have been wanting to take them. Uncertain how many we have left. It isn't URGENTLY needed but it is needed. Another woman for volunteers but could always use more help. Groups have been going well. Motion passed to purchase a case of big books to split between women's and men's corrections.

They meet on Wed at 6:30pm and the meetings last until 8 or 8:30pm. The NA groups only come in twice a month so the inmates really appreciate having weekly AA meetings. Both the men and women really appreciate all of the AA literature that the district and others have donated. So thank you to everyone who's participated directly and indirectly through you meeting donations to the groups that do donate to the district. Inmates can have one on one visitors from the AA community.

Men's Corrections - Brandon reported that the Wed 6:30pm men's group meetings are 15-20 each. The inmates look forward to the meetings and they're well behaved and generally interested in recovery with good emotional discussions. The 2 meetings last 2-3 hrs total. A few more people got cleared to help with the meetings. If you'd like to get and out of jail this is your chance!

PI/CPC - Russ no report

MAICO - Heather

Treatment - Chair position is open. had to step down for a while so the District is looking for a new Treatment Committee Chair. Get ahold of Heather if you're interested! District has had a

rotation of people helping with the various meetings at treatment facilities. Monthly meetings at Crossroads meetings are on the 3rd Thurs of the month 10:30am and 6:30pm and RVCP has one meeting a month. Gary L can help the new chair with his contacts and experience as a former chair. There is a new treatment facility opening up in Janesville, so another opportunity

Literature/Grapevine - October Grapevine magazine titled Mid Sobriety Challenges. You can submit a story or artwork to the Grapevine on aagrapevine.org. Order and view AA literature, pamphlets and guidelines directly from AA at aa.org/resources/literature. You can download and try the Grapevine and LaVina apps for free from the Apple App Store and the Google Play Store.

Old Business

Hotline Donation - District forgot to send MAICO a hotline donation last year so we passed a motion to send \$200 to MAICO to help support their AA hotline expenses. MAICO runs the hotline that's on the district meeting schedules. Additional motion passed to send \$200 to GSO and \$100 to Area 75.

Spring District Roundup - The really good news is that both the Salvation Army and MAICO have committed to the April 20, 2024 date. David has the contract to present to the planning committee this Sunday Oct 8th at Noon at the 12x12 Drop in Center. The Roundup is an awesome time so get involved now!

Website - Scott received district meeting minutes from 2020 to current to archive on the district website RockCoAA.Net.

MAICO - Lora from MAICO and our Area 75 MAICO Delegate will attend our November district meeting.

2023 Alkathon – Wesley Ave Alano Club will host the 2023 Alkathon. Time slots will be drawn at the November District meeting. The KISS group has stepped up to host the Christmas Alkathon which leaves the New Year's alkathon needing a host group yet.

District elections for the 2024-2025 term will also be held during the November District meeting.

Area 75 Conference is Oct 20-22 at the Chula Vista Waterpark Resort in the Wisconsin Dells

FOOD! - District will provide food/snacks/refreshments at the November District Business Meeting on Friday November 3rd at 6:30pm at the Wesley Ave Alano Club. Remember we'll have guests from MAICO and Area 75! We'll be drawing the time slots for the Christmas and New Years Alkathons! We'll be voting on the next District 30 DCM, Alternate DCM, Treasurer and Secretary! The only other thing we need is YOU!

New Business

District Roundup - theme "planting the seed of recovery". Al-anon and NA are interested in participating. Committees were formed last meeting and all have chairs so lots of opportunities to be a committee member and help out. The roundup date is finalized! It'll be on Saturday April 20th 2024 at the Salvation Army. Dist 8 (southern half of Rock county) is discussing participating too. Next planning meeting is Sunday Nov 19th at 12:30 pm at the 12x12 drop in center. Many hands make light work!

Website - rockcoaa.net is up and active. Scott (webmaster) will get your fliers uploaded. Email them to rockcoaa@gmail.com

District Elections - 2024 and 2025

Treasurer - Peter R

Secretary - Joel B

DCM - Heather Z

Alt DCM - David M

Xmas Alkathon from 6pm Xmas Eve thru 6pm Xmas Day at Wesley Ave Alano Club

6pm-8pm - KISS

8pm-10pm - Edgerton Group

10pm-Midnight - TNT

Midnight-2am - Steps to Success

2am-4am - We Are Who We Are

4am-6am - Keys to the Kingdom

6am-8am - Good Fellowship

8am-10am - Milton

10am-Noon - HOW

Noon-2pm - Early Risers

2pm-4pm - Men in Recovery

4pm-6pm - KISS

New Years Alkathon from 6pm New Years Eve thru 6am New Years Day

6pm-8pm - Men in Recovery

8pm-10pm - Keys to the Kingdom

10pm-Midnight - Milton

Midnight-2am - TNT

2am-4am - We Are Who We Are

4am-6am - Steps to Success

Next district meeting is Fri Dec 1st at 6:30pm at the Wesley Ave Alano Club.



Recovery Round-UP *Planning Meeting*

Sunday

November 19

12x12 Drop-in-Center
402 W Delevan Dr

12:30pm

**Come on Down and Get Involved!!
Help plan a fun day of Food, Friends, and Recovery!**

For more information:

**Call David M.
608-201-6543**



AREA 75 GRAPEVINE/LAVINA COMMITTEE NEWSLETTER—NOV/DEC 2023

COMMENTS FROM THE CHAIR

Greetings Area 75!

Thank you to everyone who participated at the Area 75 Conference assembly and committee meeting. It was great to see so many of you in person. Our committee is going to start collecting feedback from anyone in the area who has used the new app. If you have any comments you'd like to share with us, please email them to me. Thank you!

Love and Service,
Kathryn H., Area 75 GV/LV Comm. Chair

Upcoming GV/LV Committee Meetings
NOV 5, DEC 3 5:00pm (40 min mtg)
ZOOM ID: 884 491 1048 PASSCODE: grapevine

***Please visit the Grapevine Rep Resources Page.*
aagrapevine.org/gvr-resources
for more info on service opportunities

WEBSITES

aagrapevine.org aalavina.org
aa.org area75.org

2023 CARRY THE MESSAGE PROJECT

Give a Gift Subscription!!

Go to aagrapevine.org/carry-the-message to get started!
See our new video at www.youtube.com/c/AAGrapevine

TRIVIA "RAISIN"

"In September of 1948, a smaller, pocket format (of Grapevine magazine) was conceived. The earliest editions bear a fruit-heavy vine on the cover with the issue information but no title, in an instance of design safeguarding anonymity."

New York Academy of Medicine nyamcenterforhistory.org

RECYCLED HUMOUR

"A sponsor is somebody who sees through you and still sees you through."

Robert E., Blacksburg VA MAR 1990
A Rabbit Walks Into A Bar pg. 134



AREA 75 GRAPEVINE MEETINGS

Check Meeting Guide on area75.org for meeting addresses and/or ZOOM information.

Sunday

11:00 am	Sun Morn Grapevine Grp--Madison	District 20
12:00 pm	Grapevine Open Mtg --Delevan	District 6
6:30 pm	Grapevine Open Mtg—Delevan	District 6
3:00 pm	Language of the Heart-- Madison (women's mtg)	District 20
7:00 pm	Sun Night Grapevine—Milwaukee	

Monday

12:00 pm	Beginner's Grp GV Mtg—Baraboo	District 19
12:00pm	Monday Nooners--Burlington	District 36
6:30 pm	Prairie Dock GV Group—Madison	District 20
7:00 pm	Open GV Meeting--Manitowoc	District 3

Wednesday

6:00 pm	Stoughton Grapevine	District 20
6:30 pm	Grapevine Grp-- Lake Geneva	District 6

Thursday

5:30 pm	Grapevine Topic Grp-- Fond du lac	District 25
7:30 pm	Grapevine-- Franksville	District 17
7:30 pm	Wautoma Thur Nite	District 2
8:00 pm	Grapevine Mtg—Oconomowoc	District 32

Friday

12 noon	Emotional Sobriety --Beaver Dam	District 23
7:00 pm	Mineral Point GV- Mineral Point	District 9
7:30 pm	Heard it Through the GV-Sheboygan	District 3

Saturday

9:00 am	Morn Grapevine Group-- Monroe	District 35
7:00 pm	Grapevine Meeting--Green Lake	District 2

Plz let us know of any additions or corrections to this list.



IN or OUT and ABOUT

In the spirit of our Grapevine/LaVina magazine, we have this section for pics of our varied meeting spaces. Share your space! (no faces plz) grapevine@area75.org



Kirk K, Sober Soldiers, Manitowoc D3

*****AREA 75 HAS SERVICE POSITIONS AVAILABLE*****

Cooperation with Professional Community (CPC) Committee Chair, Alternate Secretary, Alternate Treasurer
If interested contact Andrew at CHAIR@AREA75.ORG

UPCOMING EVENTS

EAST CENTRAL REGIONAL FORUM

Nov 17-19 Double Tree by Hilton Independence, OH
Registration is FREE regionalforums@aa.org

Area 75 WINTER SERVICE ASSEMBLY

Jan 21 9:00 a.m. Madison Senior Center
for address and HYBRID info contact Area75.org

Area 75 Grapevine/LaVina Committee MTG NOV 5, DEC 3 5:00 pm
Zoom ID 884 491 1048 Passcode: grapevine

MEDIA CORNER NOV/DEC REVIEW



"HOW TO SUCCEED AS A GRAPEVINE REP" YOUTUBE VIDEO youtube.com/grapevine

This simple and quick 1:36 video is very helpful explaining the why and how of serving as a Grapevine Rep. Noting access to the various resources available for assistance in gathering and sharing Grapevine information with your group or district, it also suggests a variety of ways to share our Grapevine magazine as well. As a GV Rep, you can take an active part in the connection between a still suffering alcoholic, your group, district, area, AAGrapevine, Inc, and Alcoholics Anonymous as a whole. If your group doesn't have a GV Rep, or maybe never has, offer to be one!! We encourage you to consider this rewarding service opportunity AAGRAPEVINE.ORG/GVR
Kris K., Area 75 GV/LV Committee Newsletter editor

QUESTIONS ABOUT THE NEW APPS?



Frequently Asked Questions

Document available in English and Spanish

www.aagrapevine.org/apps

LET US KNOW WHAT YOU THINK!!

Send your comments about the new GV/LV APPS to grapevine@area75.org for our JAN/FEB Newsletter.

GRAPEVINE STORE DEALS!

aagrapevine.org/store

Grapevine DIGITAL App 1 mo. \$2.99 1yr \$29.99

Grapevine Print Subscription COMPLETE -1 yr.

\$49.97 Print only —1yr-\$28.97 2yr-\$54.00

La Vina DIGITAL App 1 mo. \$2.99 1 yr. \$14.99

LaVina Print Subscription COMPLETE-1yr \$24.48

Print only —1yr-\$9.99 2yr-\$17.52

The Home Group: Heartbeat of AA-\$13.99

The Best of Grapevine Volumes 1,2,3--\$25.99

Voices of Long-term Sobriety--\$13.99

2024 Annual Wall Calendar--\$10.50

Annual Pocket Planner 2024--\$6.00

FREE SHIPPING Nov 1-Dec 31

AA Grapevine, Inc will be offering 20% discount on all books and "other item" purchases and free shipping on all products!

To request Grapevine Complimentary materials, please download the request form www.aagrapevine.org/gvr-resources

THIS MONTH'S FEATURED SECTIONS

NOV GRAPEVINE—GRATITUDE

DEC GRAPEVINE—SOBER HOLIDAYS

NOV/DEC LAVINA—ALEGRIA (JOY)

UPCOMING SUBMISSIONS

aagrapevine.org/ submit-your-story

Grapevine Editorial Dept, 475 Riverside Dr

New York NY 10115

GRAPEVINE

How the Steps Changed My Life (due Nov 15)

Happy Birthday Grapevine (due Dec.15)

LAVINA

Nuevos (Jan/Feb) Cortos de La Vina-(Feb/Mar)

Both Grapevine and La Vina are always looking for stories on individual Steps and Traditions!!!

Grapevine Editorial Calendar 2024

Upcoming topics and due dates for submission

Available at aagrapevine.org/gvr-resources

LA VINA WORKBOOK

Spanish translation of AA Grapevine Workbook

NOW AVAILABLE ONLINE aalavina.org/recursos

LA VINA INFORMATION WORKSHOP

Workshop reviewing products, books, suggestions for ongoing presentations. GSO/GVLV updates

Fridays @ 1:00 pm CT MTG ID: 815 9593 1777

GRAPEVINE ANNUAL PHOTO CONTEST

Submissions must be received by Dec 1, 2023

www.aagrapevine.org/photocontest



LISTEN AND RECORD

Grapevine Audio Project

Share as you do in a meeting—only recorded. (up to 7 minutes) for info visit www.aagrapevine.org/audioproject



GRAPEVINE PODCAST

New episodes available each Monday!!

To listen:

www.aagrapevine.org/podcast

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youtube.com/aagrapevine

JOIN OUR DISTRIBUTION LIST!!

Area 75 GV LV Committee

NEWSLETTER

Email: grapevine@area75.org

Use QR code for Newsletter Archives

